

Membership Benefits

The direct benefits of being a member of British Orienteering are:

- You will receive Focus, the British Orienteering in-house orienteering magazine, which includes Ozone a section for juniors (3 copies per year - one copy per postal address)
For situation for 2017 is yet to be confirmed but may change to:
You will receive Focus, the British Orienteering in-house annual orienteering magazine containing the Annual Report; an e-magazine containing current issues will also be emailed to members 4 times a year.
- You will be eligible to sign up to receive e-newsletters targeted at specific groups ie event officials, coaches.
- You will be entitled to member Discounts from national companies (list follows).
- You will receive Public Liability Insurance cover when participating in events and activities registered with British Orienteering.
- You will be eligible to compete in:
 - the championship classes at the British Championships, the JK and the Area Championships (Northern; Midlands and Southern)
 - the UK Orienteering League
 - the Harvester Relays
 - the British Orienteering Rankings scheme
- You will be eligible for selection to represent Great Britain in international competitions
- You will have access to British Orienteering incentive schemes:
 - The Championship Badge Scheme
 - The 'Navigational Challenge' and 'Racing Challenge' Scheme
- You will receive information about the General Meetings of British Orienteering and be entitled to attend and vote.
- You will have access to the member only section of the British Orienteering website containing vast amounts of information about orienteering in the UK
- You will be able to contact national staff to obtain personal support in your orienteering.

Member Discounts

To access the discount codes, you will need to login to the members' website.



Health and Fitness Education (HFE), an award winning training provider delivering the UK's leading **personal trainer course** and fitness instructor qualifications. HFE courses combine home-study and weekend attendance, so you can learn at your own pace around your busy life. Course practical days are delivered from a wide range of high quality training venues throughout the UK. All HFE qualifications are internationally recognised and certificated by YMCA Awards or Active IQ.

Health and Fitness Education are pleased to offer British Orienteering members a 10% discount off any of their courses.



Pete Bland Sports opened in 1981 and is now one of the leading running specialists in the UK. They offer a comprehensive range of orienteering, fell, trail and road shoes for both men and women, complimented by a selection of technical running clothing and accessories. Brands include Inov-8, Walsh, Salomon, OMM, Silva, Scott, La Sportiva & Ron Hill. Come snow, wind, sun or rain (and it often does) Pete Bland Sports can keep you comfortable whilst running.

British Orienteering members can receive 10% discount on all orders. Visit www.peteblandsports.co.uk and enter the discount code at the checkout.



Sweet Peaks Energy Sweets are made in the Outdoor Capital of the UK, Sheffield. Sweet Peaks Energy Sweets are a great source of energy on a trek, run, ride or expedition. At Sweet Peaks, taste is important and Top Taste is not just a strap line. They are an old fashioned company and use an old recipe to make a high energy sweet with the finest ingredients that gives you a boost as you need it. Whether you eat them or dissolve them in water to make a drink they taste nice and you will be happy to have more when you need them. Don't endure, enjoy!

British Orienteering members can receive a discount of 30% off the purchase price before postage.



re:activ bodycare is an innovative range of skincare products specifically formulated for people serious about sport, physical well-being, looking and feeling good. Their products utilise the best ingredients from nature whilst having an uncompromising focus on efficacy and performance. British Orienteering members will receive a 40% discount on products to make the skin look and feel just fantastic after a tough orienteering run.



Global outdoor footwear specialist are thrilled to offer British Orienteering members a fantastic 20% off retail price on products across the Hi-Tec UK website www.hi-tec.com/uk. Hi-Tec specialise in Outdoor, Lifestyle and Sport footwear for Men, Women and Kids. From lightweight walking and hiking boots, to comfortable running and court shoes, and even warm and waterproof winter boots to comfy summer sandals.



Rhinocarhire.com is a leading car hire broker based in the UK. We offer competitive rates on car hire at over 30,000 locations worldwide from all of the leading car and van rental suppliers such as Avis, Hertz and Europcar. British Orienteering members can receive up to 10% discount on standard rates.



Whether you are new to running and orienteering or planning your next event, Up & Running can help you to get your kit sorted from your shoes to your head torch and everything in between.

Experienced staff will carry out digital gait analysis to make sure you are training in the right shoes, to help prevent injury and to ensure your shoes are right for your aims and aspirations.

Being a part of the Up & Running community means that you get: the best customer service - and it's personal to you, advice on how to achieve your goals and invitations to specialist in-store events. You can also get training programmes if you need them, information on how to stretch and make the most of your training.

Up & Running is the Yorkshire-founded specialist running retailer with the ethos that every customer should receive unparalleled personal service in a friendly and knowledgeable environment for runners and fitness enthusiasts alike.

Up & Running sell the best products, tried and tested by their keen team of runners; they only employ staff who enjoy fitness and who can advise you, they will only have your best interests at heart.

So for running shoes, technical clothing and accessories, pay a visit to [Up & Running](#) and enjoy 10% off if you are a member of the British Orienteering Federation.



SkyParkSecure is a leading Airport Parking Provider. They cover all the major UK Airports and every day take 1000s of bookings from people wanting to save money on their airport parking. Their excellent relationships with the car parks enables them to offer their customers the best prices. Members can receive up to 20% discount.

www.skyparksecure.com/



[SportsShoes.com](#) is the UK's No1 running and fitness retailer established in 1982.

SportsShoes offer the biggest selection of outdoor clothing and footwear, including all of the major, but also niche brands including Inov-8, Walsh, Ronhill – all at the best prices! British Orienteering members receive an extra 10% off and Free Standard delivery when placing their orders.



Go Ape is an award-winning high wire forest adventure course of rope bridges, tarzan swings and zip slides up to 40 feet up in the trees. British Orienteering Members receive a 10% discount. www.goape.co.uk/



Cotswold Outdoor offer the biggest and best choice of clothing and equipment from all the leading brands. British Orienteering members receive 15% off all retail prices.

www.cotswoldoutdoor.com/



With a Gourmet Society Dining Card you can enjoy fantastic savings at over 3,000 restaurants across the UK, from Michelin-starred establishments to famous names like Pizza Express, Café Rouge and Prezzo. The Gourmet Society Dining Card entitles you to 2-for-1 meals or 25% off your bill – including drinks – at the entire network of participating restaurants throughout the country. To search participating restaurants in your area visit the [website](#). Annual subscription usually costs £69.95, but as a member of British Orienteering you can join for just £29.95.



Rat Race is an urban adventure challenge that sees teams of competitors navigate their way around a course that is only revealed hours before it begins. It involves running, biking, abseiling, kayaking, orienteering and much more. The events are fun, fast and

totally unique. British Orienteering members receive a 10% discount when entering online. For further information please visit <http://www.ratraceadventure.com/>



The Loughborough Building Society are offering great rates on their instant access postal accounts for British Orienteering members. The accounts have proved very popular with members due to the very competitive rate of interest and the ability to have instant access to funds on request. British Orienteering members can also be proud that every account opened and every deposit made is giving financial assistance to British Orienteering and supporting the sport of Orienteering.
www.theloughborough.co.uk



British Orienteering has negotiated with HMCA to offer discounted rates for medical plans, dental plan, hospital cash plans, personal accident plan, travel plan, life cover, income protection and vehicle breakdown products.
Are you paying too much for your present private medical plan? Why not take a look at the HMCA plans and compare the benefits and subscriptions offered? You may transfer to HMCA at any age and without a medical examination; there will be no break in protection and there is a 30 day money-back guarantee.
HMCA only offer medical plans to membership groups and can offer up to a 40% discount off the underwriter's standard rates. This is a comprehensive plan which provides generous cash benefits for surgery and other charges
Who are HMCA? - HMCA has specialised in providing benefits and services to associations and professional groups since the 1970s. HMCA is authorised and regulated by the Financial Conduct Authority. www.hmca.co.uk/



The YHA is the largest budget bed provider in the country. British Orienteering members can receive 10% off YHA accommodation bookings. British Orienteering members can also receive 50% off when joining the YHA. The offer is only available online and to new members and applies to Individual and Household non-Direct Debit membership categories. YHA members receive up to £3 discount per person per night in addition to the 10% discount generated by the accommodation offer code for British Orienteering members. For example, a £15 bed would reduce to £13.50 using the 10% booking code and to £10.50 if booked by a YHA member. www.yha.org.uk



The AA is pleased to offer the AA's best prices at enrolment plus 10% at renewal – on average 10% cheaper than through AA.com to British Orienteering members. This offer cannot be taken out in conjunction with any other offer. www.theaa.com



TGO Magazine has been described as 'the thinking persons' outdoors magazine.' For over 25 years tgo has been recognised as Britain's most authoritative outdoors magazine for hill-walkers, backpackers, trekkers and anyone who loves the countryside. TGO are offering British Orienteering members a 12-month subscription for just £25.
www.tgomagazine.co.uk



Members of British Orienteering receive a £1 discount. Further information about the magazine and subscription fees can be found www.compassport.co.uk



Latitude are offering British Orienteering members 10% off all OS Landranger and Explorer Maps. www.latitudemaps.co.uk